

2023 COLUMBINE MIDDLE SCHOOL VOLLEYBALL

1. Practice begins Tuesday, August 15th.
 - a. 7th will practice from 3:45 - 5:00 pm
 - b. 8th will practice from 5:15 - 6:30 pm
2. NO practice Thursday, August 24th: BACK TO SCHOOL NIGHT
3. Players Information:
 - a. Players need to wear athletic clothing, knee pads, and tennis shoes for practice. Players also need to bring a water bottle.
 - b. Players will be given a season long practice schedule and tentative game schedule the first week of practice. The practice schedule will rotate each week from early to late practice. Weekday games start at 4:00pm usually with B teams first and A teams following. Saturday game schedules will be handed out to players 1-2 days prior to the game day.
 - c. Practices are closed to spectators.
 - d. Athletes need to be picked up promptly after practices or games.
 - e. For away games: players are allowed to sign out with their coach and leave with their parent/guardian - players **MAY NOT** go home with other families without prior approval from the assistant principal.
 - f. A tentative game schedule is posted on the CMS website. Players will receive a paper copy but be aware that sometimes game schedules change.
4. No athlete can practice without a current physical, all paperwork, fee, and emergency card turned into the office! Players can't give paperwork to the coaches at practice - it must be the front office. If your child doesn't have all materials in, practice is still required, and your player will sit and watch drills.
5. Eligibility will be pulled every Monday at 2:00 pm. Athletes are ineligible if they have two or more "F's". They will be ineligible to play any Monday - Saturday games that week. Athletes are still required to attend practice.
6. All 7th and any new 8th grade players will need to take a computer Impact Concussion Test. The test will be Monday, August 21st from 3:45 - 4:45pm in the library after school.
7. Please talk to your coach if you are going to miss practice. A parent note or email is required. TWO unexcused absences from practice will require a meeting with the player, parent, and coach.

8. Jerseys are provided for game use only and are not to be worn during school. The jerseys are new this year. **Please take care of them, wash in cold water, and DON'T put them in the dryer.** Players need to supply black shorts, knee pads, and tennis shoes.
9. **NO JEWELRY** can be worn during practices or games. During games specifically, tape will not be permitted to cover up jewelry (it has been permitted in the past, but that is a change this year).
10. Coaches strive for equitable play time during games, but playtime can be affected by missed practices (excused/unexcused) or poor sportsmanship/attitude.
11. If there are concerns, please follow the procedure outlined below:
 - a. Player goes to the coach
 - b. Player and Parent/Guardian go to the coach
 - c. Parent/Guardian, Coach and Assistant Principal meet
 - d. Parent/Guardian, Coach, Assistant Principal, and Principal meet
12. As the season progresses, **please look at the website for updated information, schedule changes or game day schedules.**
13. **WEEK #1 August 15th - August 18th:** All players will participate in "tryouts." This is a way to divide players into teams based on skills/ability. **All players will be placed on a team based on what is observed by coaches during the first week of practice.** NO players are "cut" during the tryout week - everyone plays 😊 This is why it is so important to get your paperwork turned in on time, so that we can see your volleyball skills/ability.

We look forward to an exciting and enjoyable season. Please let us know if you have any further questions.

Thank you,

Columbine Middle School Volleyball Coaches

8th Grade:

Leslie Maddox

Jodi Braun

Marcella Collins

7th Grade:

Amanda Connelly

Nora Waldow

Sue Beutler